



## Bayston Hill WI, Shropshire

*Bayston Hill WI was formed in 1932*

*Motto: To say well is good, but to do well is better.*

## Climate Change - What can we do?

Dear Ladies,

We are facing a climate emergency and climate change is reshaping human civilization. How we respond now will determine the future of our species affecting our generation plus our childrens' and grandchildrens'.

Here at Bayston Hill WI we are doing our bit to help. We aim to choose three targets at any one time to help in working together for net-zero carbon and to improve our local area. We will be recording our progress and hopefully successes in our Green Diary.

Let's all: Reduce! Reuse! Recycle!

*C L Jones*

President  
Bayston Hill WI

## Easy

Use kerbside recycling for:

- glass, tins, foil, plastic
  - newspapers, cardboard
  - garden waste – separate bin charge now applies
- bring your plastic bottle tops to the recycling point in the Memorial Hall Foyer or at Christ Church, Bayston Hill & Hospice Shop on the Parade
- Donate/purchase books at our book stall
- Switch off electrical appliances rather than leaving on 'stand-by'
- If the heating is on close doors when you leave a room to conserve heat
- Put packed lunches in reuseable containers rather than plastic bags
- Dry laundry outdoors
- Use a wash programme with lower temperature and a shorter cycle
- Car share to WI meetings

## With a little effort

- Deposit your soft plastic bags in the recycling bins when you do your food shop at the supermarket
- Brita Water Cartridge collection point at Sainsbury's
- Printer ink cartridges can be recycled at Sainsbury's
- Battery collection points at most supermarkets
- Reuse your carrier bags
- Use toilet roll tubes as pots for seedlings
- Donate clothes & household items to a charity shop.
- Local charity shops with parking:
  - Severn Hospice Shop, The Parade, Bayston Hill
  - Hope House, Maxfield Drive (off Otley Road)
  - Barnardo's, Abbey Foregate.
  - The Extracare Charitable Trust, Radbrook Green Centre.
- Save your used postage stamps and donate them to a charity e.g.
  - RNIB
  - Age UK
  - Breast Cancer UK
  - MS Society . . .
- Use Beeswax wraps for food storage instead of clingfilm
- Use the repair café which operates quarterly at Christ Church, Bayston Hill
- Plant & seed swap to promote biodiversity
- Apply mulch to garden borders to retain moisture, suppress weeds, and improve soil health.
- Make a butterfly and bee puddler for your garden
- Construct a Bug Hotel
- Pre-loved high-end designer fashion labels can be sold via Déjà Vu in Butcher Row
- Share your recycling tips with others

## With a little more effort

- Support the weekly Shrewsbury Food Hub Food Share at Christ Church, Glebe Road on a Monday morning (9.30 to 10.15) - this prevents food being thrown away. Other locations are in operation too.  
<https://www.shrewsburyfoodhub.org.uk/foodshare-timetable>

**NB: This is NOT the Food Bank**

- Support the collection point at The United Reformed Church for cheese wrappers, coffee packets - **they even take Pringle Tubes!**  
Details on their website - <https://www.shrewsburyunitedreformedchurch.com>
- Use the **(Home Essentials) Shrewsbury Furniture Scheme**, Hartley Business Centre, Monkmoor for unwanted but useable furniture and household items
- Clothes not suitable for resale at charity shops may be deposited in dedicated bins at Primark Stores. They take sheets and towels too. They are repurposed and profits go to UNICEF.
- M&S operate Shwopping in conjunction with OXFAM. Donated items which include at least one item with a M&S label receive a £5.00 voucher off a £35.00 spend.
- Hope House operate 'bags for rags'
- Purchase a Shrewsbury Cup the reusable cup for hot and cold drinks available in cafes across Shrewsbury, (including Daisy & Tilly's). Customers pay £1 deposit for a Shrewsbury Cup, enjoy their drink and then return the cup to any participating café to get their £1 back <https://www.shrewsburycup.co.uk/>
- Deposit disposable vapes at the SPAR on The Parade, Bayston Hill
- Repurpose used Christmas and greetings cards:
  - Use blank side as shopping list
  - Turn into gift cards
  - Use for craft projects
- Join Freecycle: <https://www.freecycle.org/>  
Nonprofit movement of people who are giving and getting stuff for free in their own locality.

## Bayston Hill WI

- When using your hot tap collect the water which is run off to use for washing fruit and veg, or watering plants/garden (you can collect it in plastic milk bottles for use later)
- Specsavers have collection points for both metal and plastic glasses and sunglasses, as well as contact lenses and accessories, including blister packs, contact lens cases and solution bottles.

**NB: no glasses cases or cloths**

- Recycle pens, mechanical pencils and correction fluids at Bayston Hill Library
- recycling coffee machine pods with <https://www.podback.org> at no cost. Simply order collection bags online and when full deposit the bag at a Yodel collection point
- Use natural cleaning and washing products e.g. vinegar to descale, deodorize and remove stains (information leaflet available on request) and washing soda for cleaning ovens and unclogging drains.
- If you are able, walk short distances rather than use the car, or use public transport wherever possible.
- Construct a compost heap to make your own garden compost
- Change to LED light bulbs
- Have a wormery
- Give your good quality unused clothing a new home by using Vinted or other online marketplaces <https://www.vinted.co.uk/>
- Buy or sell used unwanted items on online marketplaces e.g.  
EBAY <https://www.ebay.co.uk/>  
Facebook Marketplace  
[https://www.facebook.com/groups/168432658424780/?locale=en\\_GB](https://www.facebook.com/groups/168432658424780/?locale=en_GB)
- Batch cook and freeze
- Use leftovers in re imagined recipes  
<https://www.bbcgoodfood.com/recipes/collection/leftovers-recipes>
- Mobile phones & IT equipment can be taken to the Recycling Centre at Battlefield.  
**NB Oxfam shop no longer accepts phones.**

- Data storage – clear regularly and consider an external storage device rather than Cloud (which requires huge amounts of water for cooling and energy for power and has high emissions)

## Harder

- Make use of the Thermal Imaging Camera available from the Bayston Hill Parish Office to identify heat loss areas in your home
- Insulate roof spaces
- Install water butts to collect rain water to water your garden
- Install a:
  - bird nesting box
  - bat box
  - make a hedgehog home/highway
- Making your own cleaning products and hand cream (information sheet on request)
- Adopt ECO gardening techniques – ie making your own anti bug spray:

### Recipes for Anti-Bug Sprays

#### **Garlic and Onion Spray**

##### Ingredients:

- 1 garlic bulb
- 1 onion
- 1 teaspoon of cayenne pepper
- 1 quart of water
- 1 tablespoon of liquid soap

##### Instructions:

- Blend the garlic and onion.
- Add the mixture to water and let it sit for an hour.
- Strain the mixture through a cheesecloth or fine sieve.
- Add the cayenne pepper and liquid soap.
- Pour into a spray bottle and apply to plants.

#### **Neem Oil Spray**

##### Ingredients:

- 1 teaspoon of neem oil
- 1 quart of water

1/2 teaspoon of liquid soap

Instructions:

- Mix the neem oil and liquid soap in water.
- Shake well and pour into a spray bottle.
- Spray on plants, focusing on the undersides of leaves where pests often hide.

### **Chili Pepper Spray**

Ingredients:

2 tablespoons of chili powder

1 quart of water

1 tablespoon of liquid soap

Instructions:

- Mix the chili powder, water, and liquid soap.
- Let the mixture sit overnight.
- Strain and pour into a spray bottle.

Apply to plants to deter pests.

**If you have any green ideas which haven't been included, please let us know.**

**Produced by Chris Greaves on behalf of Bayston Hill WI**